

## Scan History

Recap of your scans	
# of Scans to date	3
Before/After	51 days
Net Loss/Gain	Lost 18.9 in (-6.2%)

## Circumference Summary

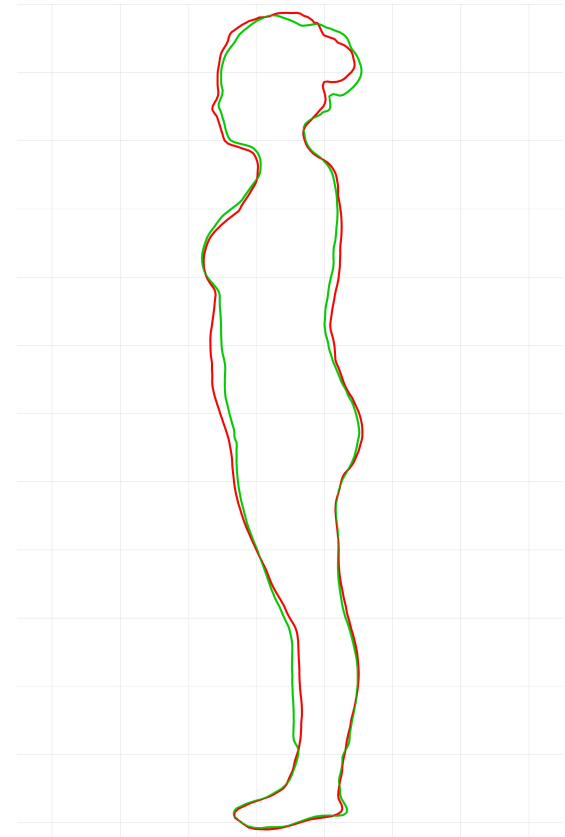
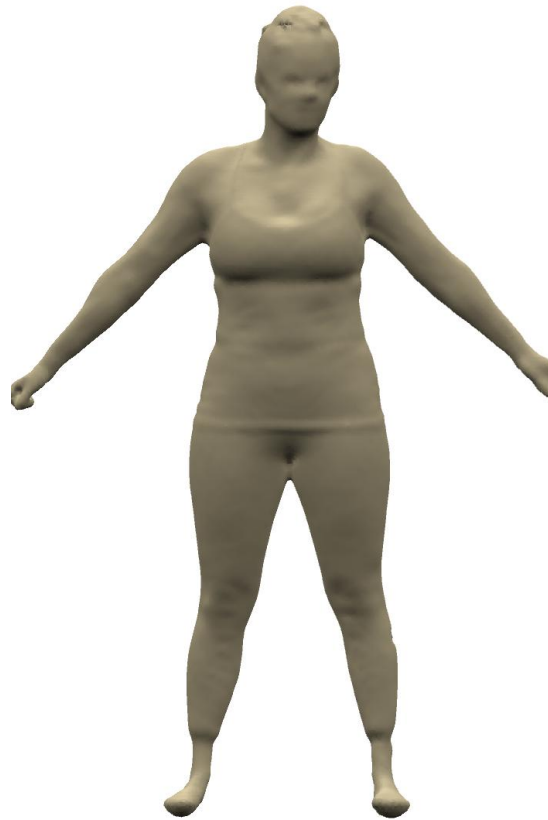
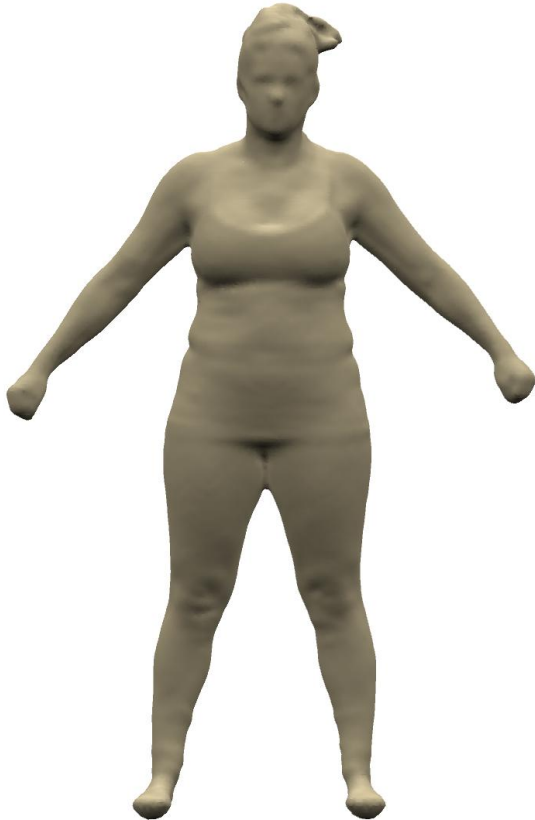
These are the biggest areas of change	
Torso	Lost 14.5 in (-6.8%)
Neck & Arms	Lost 1.2 in (-3.9%)
Legs	Lost 3.1 in (-5.4%)

## Composition Summary

Your body composition progress	
Total Weight	Lost 2.0 lbs (-1.4%)
Body Fat %	Lost 6.3% (-16.5%)
Lean Mass %	Gained 6.1% (10.3%)

█ First Scan  
4:58 Oct 1, 2015

█ Last Scan  
8:50 Nov 21, 2015



## CIRCUMFERENCES - MEASUREMENTS

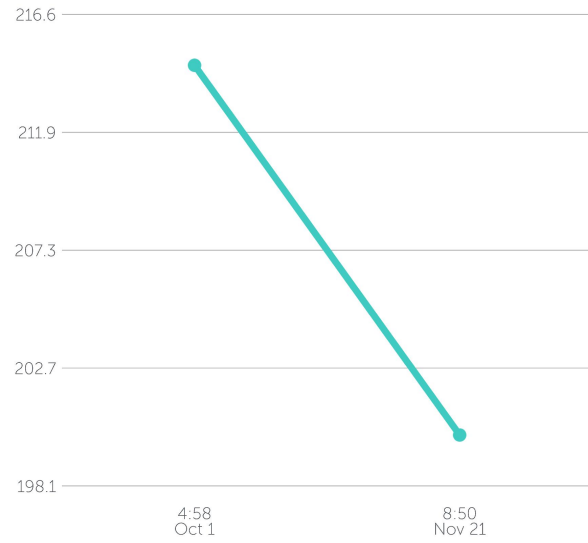
## EXAMPLE STYKU

### Circumference (Torso Only)

Net

%

Total Circumference	-14.5 inches	6.8% Loss
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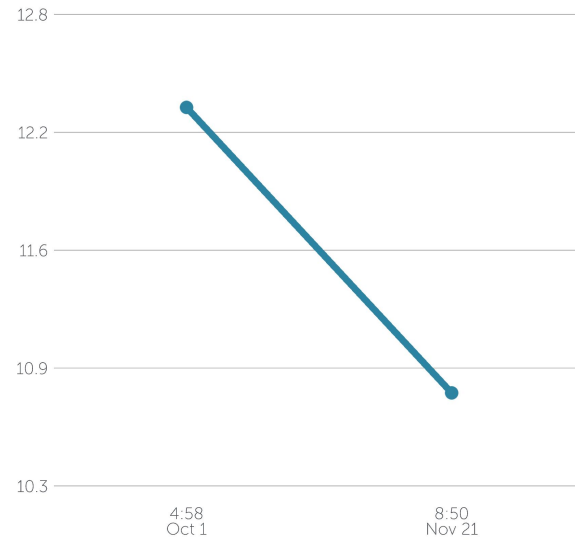


### Volume (Torso Only)

Net

%

Total Volume	-1.5 gal	12.5% Loss
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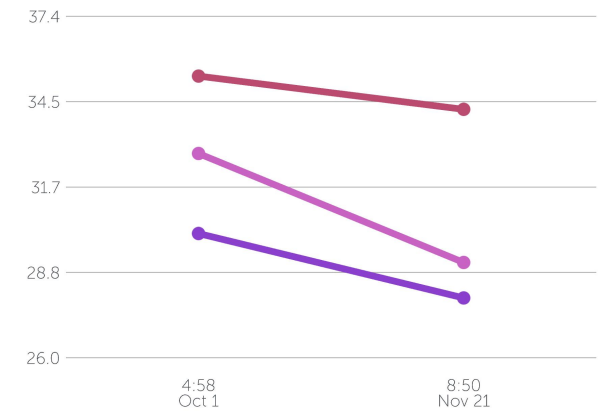


### Upper Torso

Net

%

Chest	-1.1 inches	3.1% Loss
Waist (Narrowest)	-2.2 inches	7.2% Loss
Waist (Abdominal)	-3.6 inches	11.1% Loss

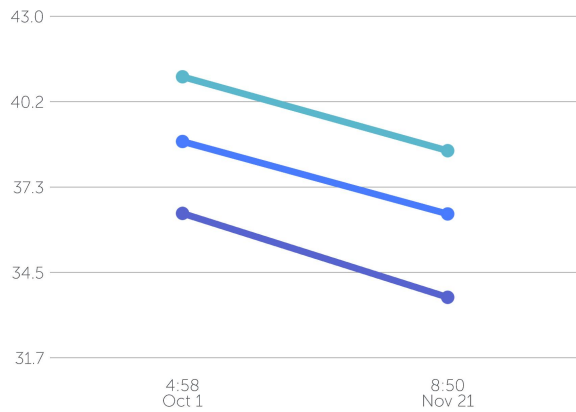


### Lower Torso

Net

%

Waist (Lower)	-2.8 inches	7.6% Loss
High Hip	-2.4 inches	6.2% Loss
Hip	-2.4 inches	6.0% Loss

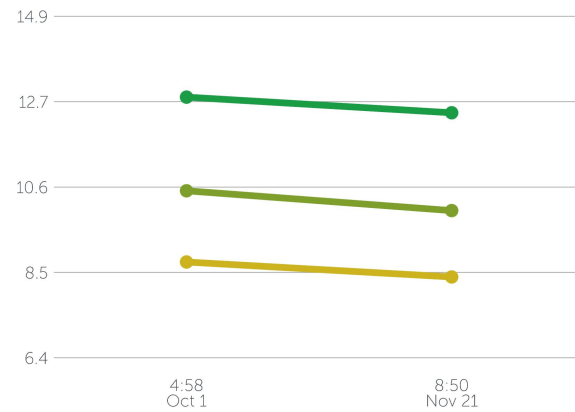


### Neck & Arms

Net

% Change

Neck	-0.4 inches	3.0% Loss
Bicep	-0.5 inches	4.6% Loss
Forearm	-0.4 inches	4.2% Loss

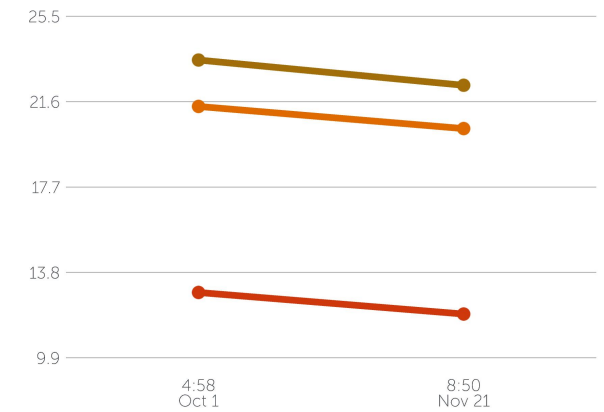


### Legs

Net

% Change

Thigh	-1.2 inches	4.9% Loss
Mid-Thigh	-1.0 inches	4.7% Loss
Calf	-1.0 inches	7.6% Loss



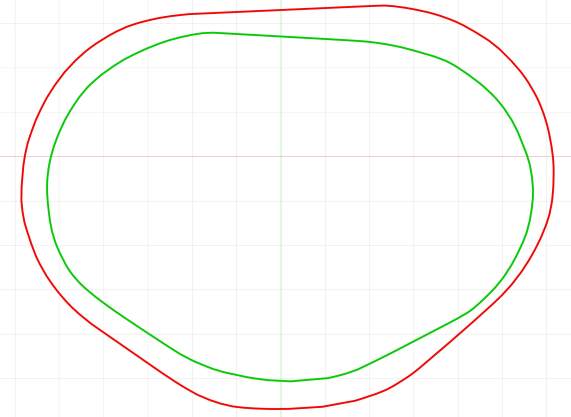
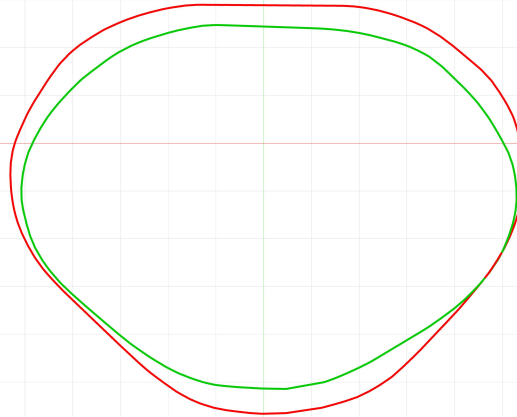
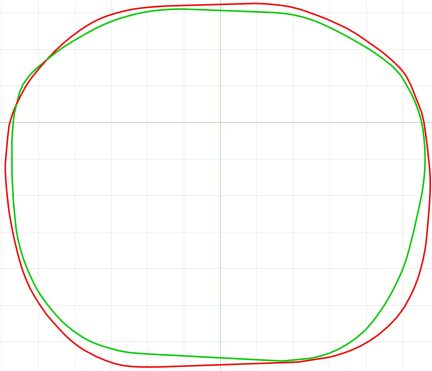
## CIRCUMFERENCES - TORSO CROSS-SECTIONS

EXAMPLE STYKU

	Net	%
<b>Chest</b>		
Chest	-1.1 inches	3.1% Loss

	Net	%
<b>Waist (Narrowest)</b>		
Waist (Narrowest)	-2.2 inches	7.2% Loss

	Net	%
<b>Waist (Abdominal)</b>		
Waist (Abdominal)	-3.6 inches	11.1% Loss



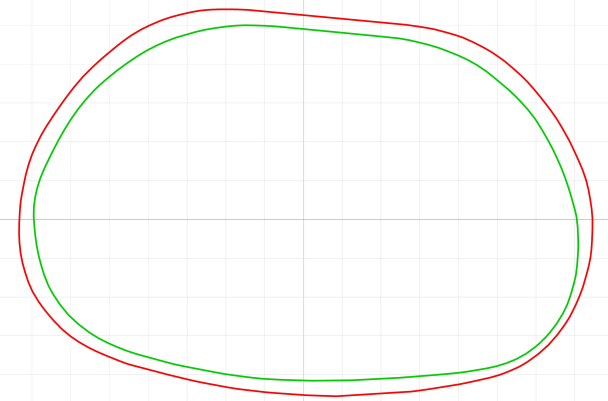
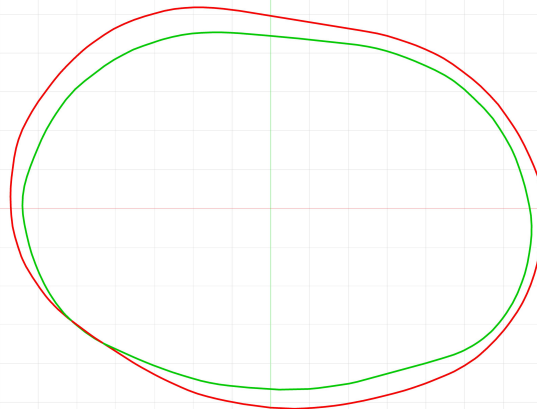
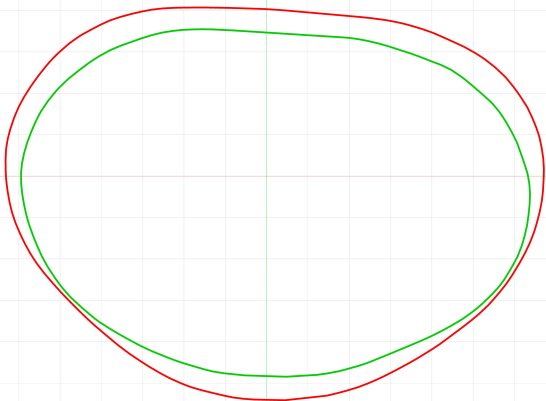
**First Scan**  
4:58 Oct 1, 2015

**Last Scan**  
8:50 Nov 21, 2015

	Net	%
<b>Waist (Lower)</b>		
Waist (Lower)	-2.8 inches	7.6% Loss

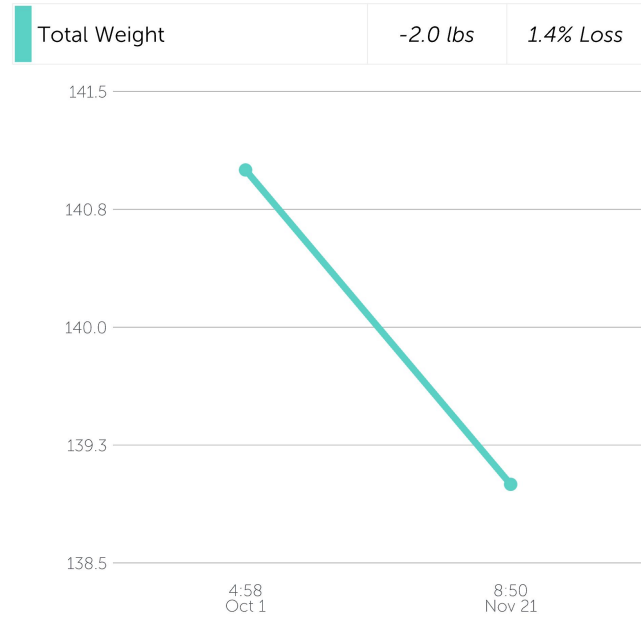
	Net	%
<b>High Hip</b>		
High Hip	-2.4 inches	6.2% Loss

	Net	%
<b>Hip</b>		
Hip	-2.4 inches	6.0% Loss

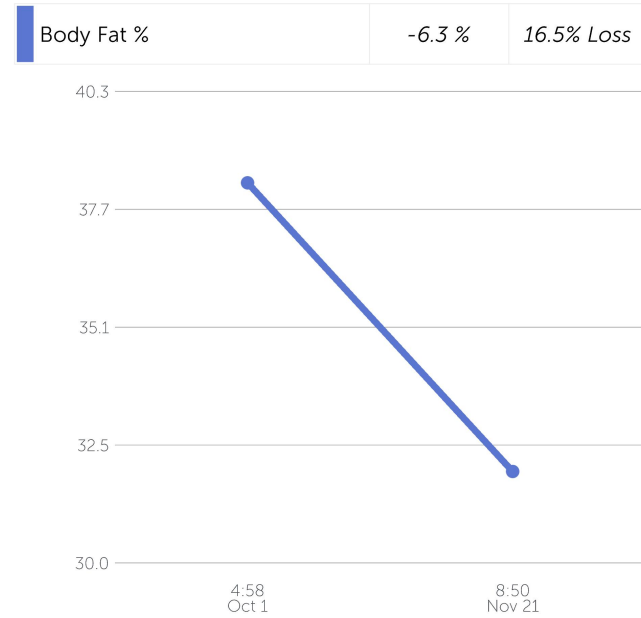


## BODY COMPOSITION - FAT AND LEAN MASS

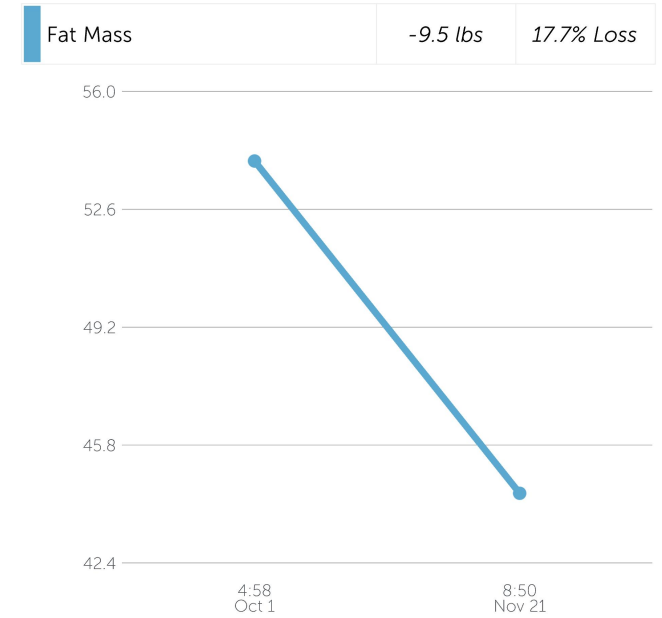
**Total Weight** Net      %



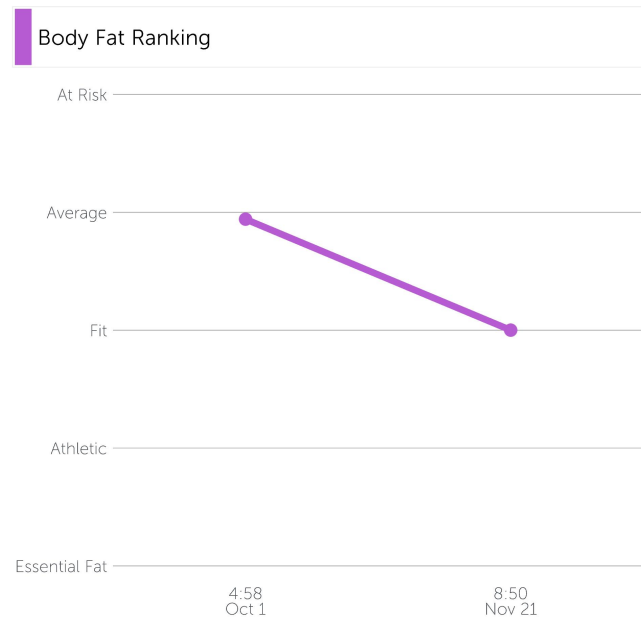
**Body Fat %** Net      %



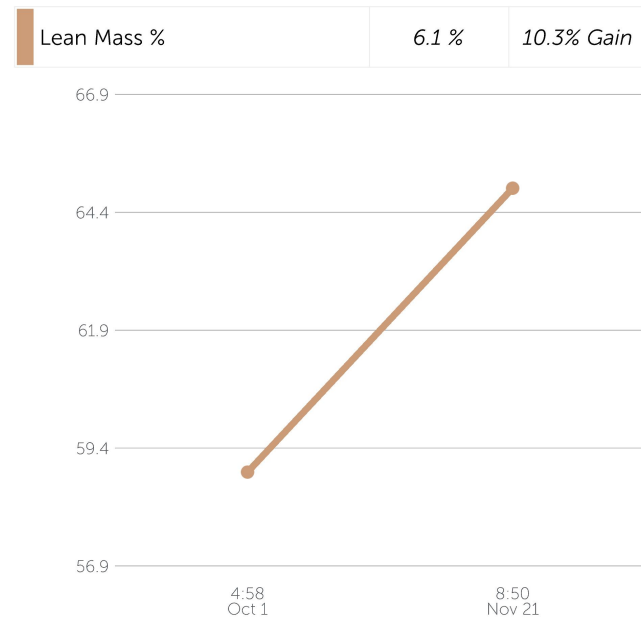
**Fat Mass** Net      %



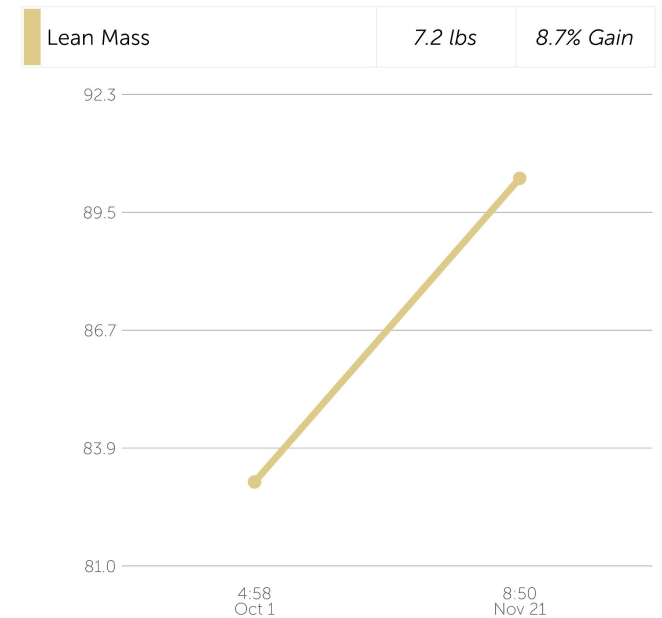
**Body Fat Ranking**



**Lean Mass %** Net      %



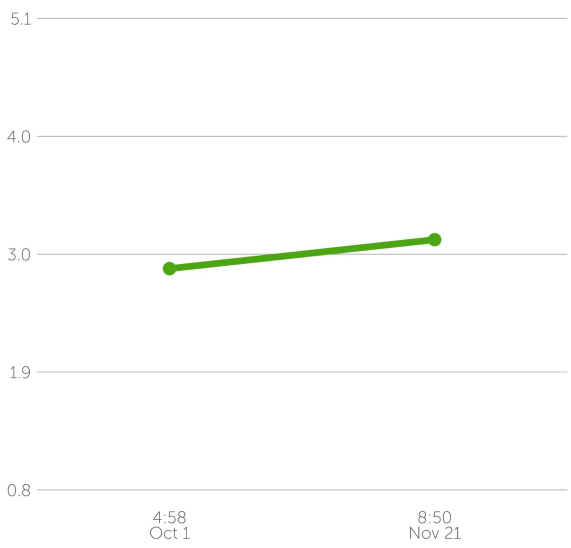
**Lean Mass** Net      %



## BODY COMPOSITION - MINERAL CONTENT EXAMPLE STYKU

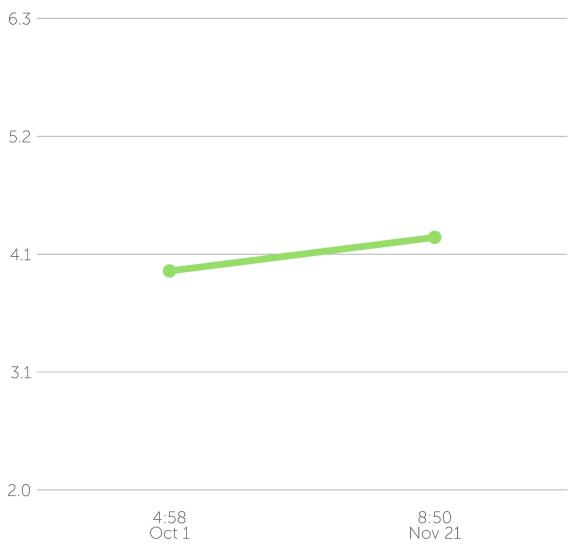
**Bone Mass %** *Net* *%*

Bone Mass %	<i>0.3 %</i>	<i>9.2% Gain</i>
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**Bone Mass** *Net* *%*

Bone Mass	<i>0.3 lbs</i>	<i>7.7% Gain</i>
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### LEGEND

**Bone Mass %**

Bone Mass % is the percentage of bone mineral as compared to your total body weight. On average, adults have a bone mineral content of 3-5% of their total body weight. As you age, this can decrease and bone loss can occur, which can be detrimental to your health.

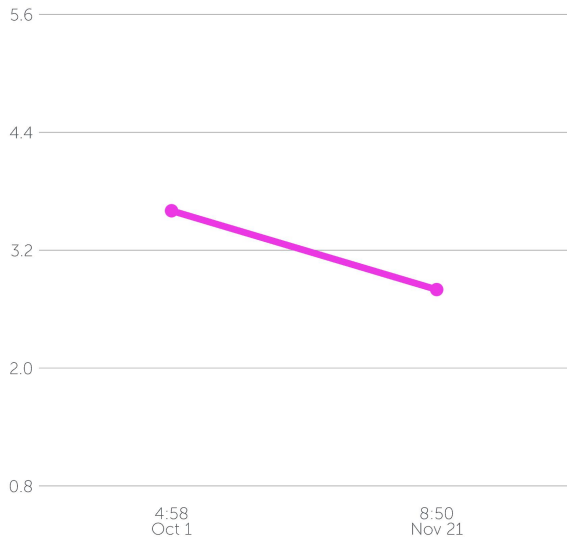
**Bone Mass**

Bone Mass is the amount of bone mineral in your body.

## BODY COMPOSITION - REGIONAL FAT DISTRIBUTION EXAMPLE STYKU

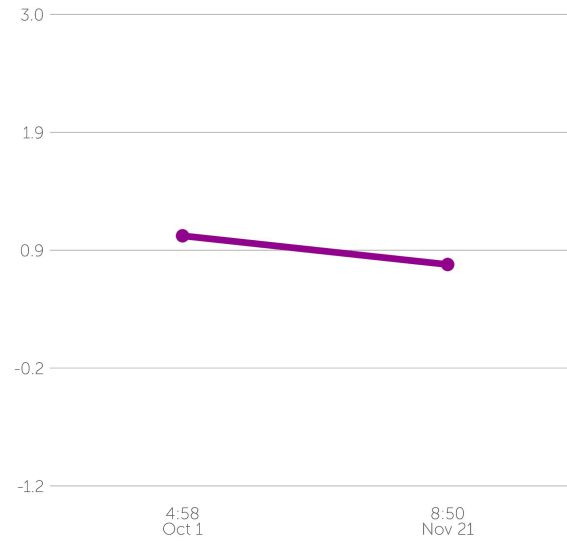
### Subcutaneous Fat

	Net	%
Subcutaneous Fat	-0.8 lbs	22.3% Loss



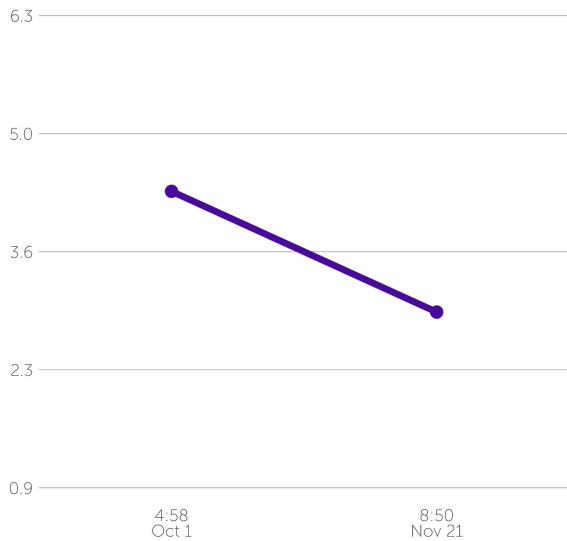
### Visceral Fat

	Net	%
Visceral Fat	-0.3 lbs	25.6% Loss



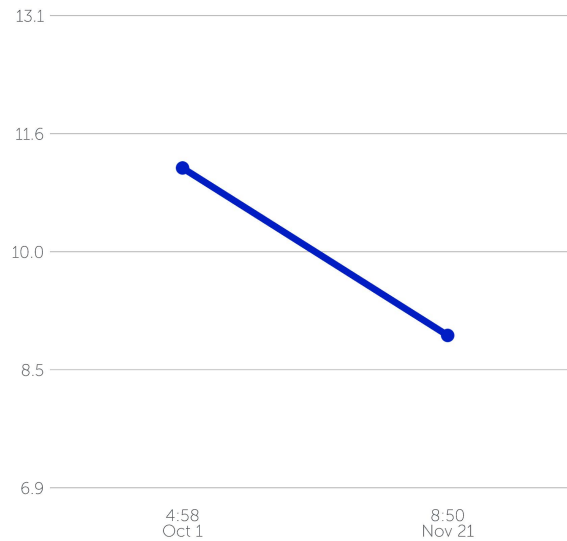
### Android Fat Mass

	Net	%
Android Fat Mass	-1.4 lbs	31.8% Loss



### Gynoid Fat Mass

	Net	%
Gynoid Fat Mass	-2.2 lbs	19.8% Loss



### LEGEND

#### Subcutaneous Fat

Android SAT Fat Mass is the amount of Subcutaneous Adipose Tissue (SAT) in your abdomen or belly. SAT is the fat carried just under your skin. Most of the fat in your body is SAT, and this type of fat has the biggest impact on your body's size and shape.

#### Visceral Fat

Android VAT Fat Mass is the amount of Visceral Adipose Tissue (VAT) in your abdomen or belly. VAT is the fat surrounding your internal organs, including your heart, liver and lungs. While some VAT is necessary, a high amount is associated with a number of health issues including type-2 diabetes, heart disease, colon cancer and stroke.

#### Android Fat Mass

Android Fat Mass refers to fat stored around the upper body, in the belly and waist. This region is where men typically carry the most fat.

#### Gynoid Fat Mass

Gynoid Fat Mass refers to fat stored around the hips, thighs and buttocks. This region is where women typically carry the most fat.

3D SCANS EXAMPLE STYKU

4:58 Oct 1, 2015

4:21 Oct 20, 2015

8:50 Nov 21, 2015

